



## Getting Started on Natural (Bio-Identical) Hormone Replacement Therapy

### Step 1: Purchase a Hormone Packet---\$20.00

This packet contains general information as well as a book on natural hormone replacement. It also has patient history forms that must be filled out prior to the consultation. Reading through the packet and book will give you a better understanding about hormone replacement and it will save time during the consultation.

### Step 2: Purchase and Perform a Saliva Test---A 5 Hormone Panel is \$120.00

This step is required. Along with your current symptoms, baseline hormone levels determined by the test will aid John in recommending more accurate starting doses for you. This tests for: estradiol, progesterone, testosterone, DHEA, and cortisol (AM).

### Step 3: Have a Consultation with John---\$90.00 per hour

Once you have read through the packet and filled out the patient history forms, you will need to make an appointment with John for a consultation. The consultations are typically at 5:00pm on Tuesdays and Thursdays. If necessary, other arrangements can be made. Most consultation last between one-half hour to one hour.

### Step 4: John Makes a Recommendation to Your Doctor

After the consultation, John sends a recommendation to your doctor based on your individual needs and symptoms. Once your physician approves the prescription(s), they are compounded and we will call you when they are ready.

The typical monthly cost for hormones is as follows:

One hormone	\$35.00
Two hormones	\$50.00
Three hormones	\$60.00

These prices are regardless of dosage form, strength, or frequency of medication.

Please note that we do not file under any insurance. We will issue a claim form that you may mail in if you choose. All insurance companies handle compounded medications differently, so feel free to contact them first before proceeding. Listed below are the NDC numbers of the most common hormones used in the compounded products. Some insurance companies require NDC numbers before they will offer any reimbursement.

Estradiol	51927-1788-00	DHEA	51927-2960-00
Progesterone	51927-3530-00		
Testosterone	51927-1027-00		

6201 Vogel Road  
Evansville IN 47715  
Phone (812) 476-6194  
Fax (812) 473-3929  
[www.hooksrx.com](http://www.hooksrx.com)